



Hispanic Heritage Month 2022

Latinos United for Peace and Equity (LUPE) Celebrates 31 Ways in 31 Days to Celebrate Latine* Children, Youth, and Families

Celebrating the Hope and Pursuit of Latine Children, Youth, and Families
to Live in Healthy Families, United Communities, and a Just Society

SEPTEMBER

15. Go to

<http://centertoadvancepeace.org/> to learn about the National Center to Advance Peace for Children, Youth, and Families, led by Latinos United for Peace and Equity (LUPE). It is the first special issue resource center on domestic violence awarded to a culturally specific organization by the U.S. Dept. of Health and Human Services.



16. Join

a virtual workshop for kids ages 3-6 and their adult companions to learn about Latinx art by Frida Kahlo, Juan Marichal, Tato Laviera, Carmen Herrera, and José Limón. Register at: https://www.eventbrite.com/e/virtual-young-portrait-explorers-latinx-heritage-month-tickets-393287753257?aff=ebd_soporgprofile

17. Play

a game of Lotería!

18. Watch

Encanto with the family.

19. Take

a virtual tour of the National Museum of the American Latino at <https://www.latino.si.edu>

20. See

the Sept. 2022 Census population update at <https://www.census.gov/newsroom/facts-for-features/2022/hispanic-heritage-month.html>

21. Visit

the Hispanic Heritage Month National Archives for history and resources on the event at <https://www.archives.gov/news/topics/hispanic-heritage-month>



22. Break

 the stigma of Latinx Therapy with Adriana Alejandre
<https://podcasts.apple.com/us/podcast/latinx-therapy/id1371931450>

23. Sponsor

 the 9th Annual Caminar Latino-LUPE Journey Towards Non-Violence Celebration at the Georgia Aquarium on 9/23. Get info & tickets at <https://caminarlatino.org/annual-celebration/>

* Caminar Latino-LUPE seeks to be inclusive and fully reflect and promote the diversity of our communities throughout all its work. While we use terms such as “Latino/a,” “Latine,” “Latinx,” or Hispanic in this product, we acknowledge the shortcomings of these terms to resonate with or encompass all the origins, identities, and populations of people they are, currently and have historically been, used to refer to. Our intent is to describe persons of Latino/a/@/e/x or Hispanic heritage, who identify as Hispanic or Latino/a/@/e/x, including indigenous, Brazilian, and other non-Spanish speaking people as well non-binary, gender non-conforming and gender-expansive people.



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24. Check out

last year's tiny desk takeover concert series from NPR's [Alt.Latino](#) featuring J Balvin, Camilla Cabello and more, still playing at <https://www.npr.org/series/1035962806/hispanic-heritage-month>



25. Book

a virtual team building activity at work to discover untold stories and trace Latinx history from the 1500's to the present at unexpectedvirtualltours.com

26. Join Us

for part one of a three-part webinar series on Sacred Manhood, the counter narrative to toxic masculinity. Register at https://caminarlatino.org.zoom.us/meeting/register/tZIkdequrDMtHdb0YeICO5bUzsAhRgwhH_0q

27. Read

about 20 Famous Latinas that are "Fire" in 2022 at <https://www.oprahdaily.com/life/g28968602/famous-hispanic-people/>

28. Listen

to conversations from Las Doctoras on race, sexuality, healing, toxic masculinity, colorism & parenting and more <https://podcasts.apple.com/us/podcast/las-doctoras-podcast/id1443702810>

29. Learn

the difference between Latino and Hispanic and what Latinx is from Kay Martinez of Awaken <https://medium.com/awaken-blog/the-breakdown-whats-the-difference-between-latino-and-hispanic-9229e956bb71>

30. Check out

this webinar on Decolonizing Self Care Practices for the Hispanic/Latinx Community at <https://www.youtube.com/watch?v=-Q3soGSOmkI>

OCTOBER

1. Celebrate

Domestic Violence Awareness Month by registering for one of our webinars such as: Hombres Buscando Su Balance: A Conversation about Healing and Healthy Masculinity for Our Indigenous, Black, and Latinx Brothers. Call 1-855-53PEACE for more info.

2. Donate

to Caminar Latino- LUPE who works to create a world where Latinos live in healthy families, united communities, and a just society by visiting: <https://caminarlatino.org/take-action/donate/>

3. Bird Watch

in Panama with a live cam at <https://explore.org/livecams/birds/panama-fruit-feeder>



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4. Support Latinx authors who tell stories of undocumented people such as Karla Cornejo Villavicencio, *The Undocumented Americans* (a Barak Obama Favorite book of 2021) and Francisco Cantu's, *The Line Becomes a River* and stories of Latino resilience like Hector Tobar's *Deep Down Dark: The Untold Stories of 33 Men Buried in a Chilean Mine, and the Miracle That Set Them Free*.

5. Learn about Jennifer Lopez's partnership with Grameen America to uplift women entrepreneurs in Latinx communities at <https://www.grameenamerica.org/blog/jenniferlopez>

6. Attend Hispanic Heritage Month Celebrations in your area.

7. Study how placing African American, Latinx, and Indigenous voices front and center transforms U.S. history into one of the working class organizing against imperialism in *An African American and Latinx History of the United States* by Paul Ortiz.

8. Take a guided virtual tour of Machu Pichu <https://www.youvisit.com/tour/machupicchu?pl=f>

9. Support Latinx businesses, including your local panadería.

10. Watch the virtual exhibit opening for Pleibol! In the Barrios and the Big Leagues at <https://www.youtube.com/watch?v=zfSrSbWQAnk>

11. Blast Spanish language music for a whole family dance party.

12. Celebrate Día de La Raza or Indigenous Peoples Day

13. Learn Spanish slang from <https://www.berlitz.com/blog/spanish-slang>

14. Follow us on Instagram, Twitter, and Facebook @4PeaceandEquity

15. Collaborate with Latinx, Black, Indigenous, and other people and partners of color; like the coalition of National Center to Advance Peace for Children, Youth and Families. See more at centertoadvancepeace.org & <https://caminarlatino.org/library/>

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